

FIRST TIME EVER IN EUROPE AND SWEDEN AEDP SENIOR FACULTY WORKSHOP SERIES

**First up: Thursday 1 September is SueAnne Piliero presenting;
“Healing Relational Trauma Using the Deeply
Engaged Therapeutic Stance of the AEDP
Therapist to Transform Suffering and the Self”**

Workshop Description:

AEDP is a rich, creative, relevant system of interventions. Attachment based and healing oriented, AEDP features an explicitly empathic, affirming, emotionally engaged therapeutic stance, active relational techniques and experiential interventions to make the most of transformational processes.

AEDP uses specific intervention strategies for working explicitly, dyadically, and experientially with intense unresolved traumatic emotions in a way that transforms suffering and fosters patients’ feeling deeply recognized and understood, safe and secure, and as a result, increasingly capable to reconnect to their Core Authentic Self. Unique in its intimate, moment-to-moment relational work, AEDP also reflects the seamless integration of psychodynamic principles with experiential techniques of trauma-based & body-oriented therapies, and the wisdom of the humanistic and mindfulness traditions.

This day-long workshop is for clinicians who want to learn how to provide a therapeutic stance that promotes deep healing and transformation of Self. Teaching will make extensive use of videotaped material from actual psychotherapy sessions to illustrate both affective phenomena and clinical techniques.

Therapists will learn:

- How to use right-brain to right-brain communication and the therapist’s genuine experience to engender secure attachment and repair attachment trauma
- Innovative ways of working with defenses, anxiety, and highly resistant patients
- Powerful therapeutic interventions to transform shame and pathogenic affects
- The amazing impact of slowing things down (way down) and “gluing the glimmer” no matter how small
- When and How to do Portrayals (i.e. guided imagery exercises), a powerful way of helping facilitate corrective emotional experiences for our patients
- How experiential metaprocessing can deepen therapeutic gains, foster resilience, expand relational capacity and deepen receptive experiences of feeling seen, felt, loved, and understood.

Where: TBC but somewhere close to Stockholm city. Time h. 9-17.

Price: SEK 1500 (excl. VAT), Send your application by August 5 to annika@medbo.se. Enter the name and billing address. The invoice will be sent as soon as your application is received. We reserve the right to cancel the workshop if there are not enough participants.

Those of you who register before July 25th will receive a 20 % discount. We will also offer a 20 % discount to this workshop for those who have already signed up for the Sweden Core training program.

Any questions regarding this workshop please contact us at:
annika@medbo.se and/or Christine.Bertlin@gmail.com and/or Bluhme@telia.com

Very welcome!

Dates for further workshops; 19 January 2017 Eileen Russell, PhD, 18 May 2017 Benjamin Lipton, PhD, 31 August 2017 Ronald J. Frederick, PhD

Speaker Description :

SueAnne Piliero, PhD, has been working and collaborating with Dr. Diana Fosha, the founder of AEDP, for the last 17 years. She is senior faculty and a founding member of the AEDP Institute.

Dr. Piliero travels nationally and internationally to teach AEDP to a broad range of clinical audiences. She has given seminars and experiential workshops to various universities and health organizations nationwide. She is a lead trainer in the AEDP Institute's Essential Skills Courses, a lead supervisor in the AEDP Core Training Program, as well as an individual and small group consultant for clinicians around the world

She is known for her warm, open, engaging teaching style and her ability to communicate complex topics with humor and clarity. Her clinical work, which you will see via videotape of actual sessions, powerfully demonstrates how even the most traumatized patients can be transformed.

Dr. Piliero received her doctorate from Adelphi University, and her master's degree in human development and psychology from Harvard. Her clinical interests and specialties are in trauma, PTSD, dissociation, and the ways in which the mind, body, spirit is powerfully poised to transform them.

She teaches, consults, and maintains a private practice in New York City.